

User Manual



1 OVERVIEW

Short press enter into activity status interface under screen-up condition



Please set the watch up/down from above interface before use.
Please download App for connection if need call/message reminder function.

Touch instruction	Long press	Long press the watch face within 3 seconds	Slide	Operate system
Slide down	Open/Close the Bluetooth connection or answer the incoming phone	Slide up	Slide up to speed for message notification	
Slide right	Slide right to set to sleep mode function	Slide left	Slide left to set to screen lock function	

Earbuds power: long press
Answer: double click
Hang up a call/message: double click plus
Next/Prev: Control on watch
Indicator light: Light remain on during charging, and turns off when fully charged

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2 POWER ON/OFF

Power on

- Long press the power button to start the watch in shutdown state.
- The watch starts automatically when it is charged in shutdown state.
- When starting with ultra-low power, connect the charger to charge the watch for 30 seconds before starting.

Power off

- Long press the power button to shut off the watch in power-on state.
- After ultra-low battery vibration reminder, the watch will automatically shut down.

Reset

- In the power-on state, enter the function menu and select Settings/Reset.
- After resetting, the watch will automatically restart. After restarting, the watch will be unbound from the phone and all user data will be cleared.

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3 Charging instructions

To charge your device, use the cable provided in the box, connect it with the charger area on the backside of watch. Connect the other end of charger to a power source via a USB plug or a wall outlet.
Please charge the device 30min per time if put it side no use.



* Make sure your watch is 100% charged before first use if it does not light up, plug it in for 2 hours and try again.

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4 CONNECTION

Watch connect with App (App only for message/call reminder, some function or language may not compatible with some phones.)

- Turn on the phone Bluetooth button. Turn the watch on. Scan below QR code for App downloading.
- Enter into "SmartFit" App to connect with the device of "T12".
- If no need App connection, please install the device manually from watch interface.

Earbuds Connection

- Listen music or answer a phone call. Please enter the Bluetooth setting of the mobile phone, search the name of "T12new" for a second binding. After the binding is successful, the earbuds will send a message of connection, and you can start to use it. If the battery of the earbuds is too low, please put the fit into the list of the watch to charge.
- If you need to turn off the earbuds function, you can go back to the Bluetooth setting in phone and unbind this device "T12new".
- If unbinding with mistake, please enter into the APP to re-bind the watch.

*Tip: The watch function and the earbuds are with Bluetooth signal. Please connect the App and earbuds individual if you have any fault. Please connect with other mobile device. The speed/size on the watch may not accurate if it is disconnected with smartphone or power-off for a long time. Please connect with App to sync the data before use.



APP DOWNLOAD

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- The health sign data related to the heart rate, ECG, body temperature, blood pressure trend, blood oxygen, etc. involved in this product are only for reference, not for medical diagnosis.

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Warning

Protection level

- The watch is suitable for daily waterproofing such as hand washing and rain. It is not suitable for water sports such as diving or long-term swimming pool or coastal swimming.
- Not applicable to hot water showers, hot springs, sauna/steam rooms, diving, water skiing, other wading activities and deep water activities facing high-speed water flow.
- It can prevent dust conditions such as living room, office, laboratory, light industrial studio, storage room, etc., not suitable for special dust environment.

Maintenance

- Please keep the equipment and its accessories dry. Don't dry it with external heating equipment such as microwave oven or hair dryer.
- Please use normal temperature clean water cleaning equipment regularly to avoid dirt and bacteria.
- Do not place the device and its accessories in areas where the temperature is too high or too low. Otherwise, the device may malfunction, catch fire, or explode.
- Do not subject the device and its accessories to strong shocks or vibrations, so as not to damage the device and its accessories and cause the device to malfunction.
- Please avoid using the device in the environment of hot sun, high temperature, humidity and open flame accessories.

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- Do not use strong chemicals, detergents or strong detergents to clean the device or its accessories.
- Do not allow children or animals to chew or swallow the device.



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