

ENGLISH INST

ON/OFF

When the watch is off, charge it or press and hold the button for 3 seconds. The watch vibrates to turn on. When the watch is on, press and hold the button for 3 seconds. Confrim for shutdown.

HOW TO INSTALL APP

Scan the QR code to download "Glory Fit" app from marketplace. Requirements: Android 4.4 or later IOS 9.0 or later, supports bluetooth 5.3

Open Glory Fit App on mobile, Click Device, Select Add Device, Select device from the search list and follow the prompts to connect.

Look at the screenshot below for reference



Once the watch is paired, the app will automatically save the connection. Everytime the app is opened or run in background, it will remember and connect to the watch.

VERSION:01

Data synchronization: The watch save offline data of 7 days. Synchronization takes a couple seconds to sync with the app.

Synchronized Contacts: Once the watch is connected, go to the phone's bluetooth settings and toggle the sync contacts to on. (See screenshots below)





MAIN INTERFACE

On the main screen, press and hold to switch the dial. Once the watch is connected with the app, it will synchromize the time and date.

BLUETOOTH CALLING After the watch is connected with the app on the mobile

phone, you can make a series of settings for the call, and make a call

AI INTELLIGENT VOICE

Intelligent voice assistant, which can be synchronized with mobile phone. This works once the watch is connected to the app

MESSAGE

Slide up on the watch to view messages. The watch can save last 8 messages.(If there are no messages, it will show no message). Slide right to exit and reutrn to main screen. Automatically delete already viewed messages, there are delete options at the bottom

BODY TEMPERATURE

Switch to the body temperature interface and start measuring body his function will only be enabled when female users are logged in. Go to the APP and click to enter the "biological cycle" - click the device reminder switch, set the personal physiological cycle status, and you can view it on the bracelet side. MORE o enter the sports interface, there are a total of 100+ sports, select a specific sports Stopwatch: Click to start timing, swipe to the right to exit back to the previous interface when the timing is stopped. Timer: Switch to the timer interface, you can choose to set the time or add a custom Find a mobile phone: Switch to the search interface, click to find a mobile phone in the connected state, and the mobile phone will send a rinatone to remind you. Flashlight: Click in and out to turn on the flashlight, swipe right to exit and turn it off. SET UP Watch face: Click this interface to switch the watch face left and right, and click to select the watch face. Theme: Click this interface to choose from three interaction modes. Brightness adjustment: Click to select different brightness, there are nent, switch the menu to re-measure. four levels of brightness. Bright screen duration adjustment: Click to select the bright screen duration, which are 5 seconds, 10 seconds, and 15 seconds. Sound setting: Click to enter the sound setting interface, you can oose to turn on or off the entertainment/call ringtone. About: Click this interface to view the firmware version number and Bluetooth address of the bracelet. Eactory reset: Click this interface to choose factory reset (clear all data) or cancel. Shutdown: Click this interface to select shutdown or cancel APP download: Click this interface, scan the QR code, and download the APP. PRECAUTIONS Please prevent your bands from being shocked, or exposed under high temperature or blazing sun for a long time. Please don't disassemble, repair or change the device . The device should adopt 5V500MA to charge, it is forbidden to charge with over-

temperature automatically. The automatic interval measurement can be set in the APP. The default 37.3°C is the alarm threshold, and the alarm threshold can also be set in the APP TRAINING item, click to start monitoring after three seconds, press the upper corner button or slide to the right to pause, click " STATUS Switch to the status interface to view the current step count, distance, and calorie status. The distance and calories are calculated and displayed according to the current walking steps, the height and weight set by the APP personally. HEART RATE Switch to the heart rate interface to start automatic heart rate measurement. Switch menu re-measure. BLOOD PRESSURE Switch to the blood pressure interface to start automatic blood pressure BLOOD OXYGEN Switch to the blood oxygen interface to start automatic measurement of blood oxygen, and switch the menu to re-measure SLEEP Switch to the sleep interface, you can check the sleep quality of the previous night WEATHER -Switch to the weather interface, you can view the weather and temp MUSIC After successfully connected with the paired APP - "GloryFit", when the phone enters the music playing function, the watch can control the musik playing such as pause, previous song, next song. ALARM CLOCK Enter the alarm clock interface, you can add or delete alarm clocks, and you can set up to 8 groups of alarm clocks. RESPIRATION RATE

trainina.

Enter the breath test interface, start to measure the breath rate automatically, switch the menu to re-measure

BREATHING TRAINING

Enter the breathing training function and follow the animation for breathing rhythm



PHYSIOLOGICAL CYCLE

It should be used within the temperature of 0 degrees - 45 degrees. It is forbidden to the other of the temperature of 0 degrees - 45 degrees. It is forbidden to throw into first, avoiding explosion. Please charge after drying the band with soft cloth, otherwise, it will corrode

charging touch points, leading to charge fault. Please keep away from chemical substance such as gasoline, cleaning solvent, propanol, alcohol

· Please don't use the product in high voltage and high magnetic environment.

 Please don't use the product in high votage and high magnetic environment.
In case of sensitive dry skin or too-tight wearing, you may be uncomfortable.
Please don't take a hot bath by wearing it.
Please dry sweat in your wrist timely for its possibility to lead to skin itch or allergy by long-time touch with scap, sweat, allergens or contaminatedingredients.
In case of frequent use, it is suggested to clean weekly. Please wipe with a damp clob, and remove oil or dust by mild scap. ·Do not open more push without special requirements.

How to do when it cannot connect with Bluetooth? (low speed/failed to connect

or reconnect) Please confirm whether your device is IOS9.0, Android 4.4 or above, and the band supports only Bluetooth 5.3.

and support of the differently for each connection caused by the signal interference of Bluetooth wireless connection. If it fails to connect for a long time, please confirm that you use it in environment without magnetic field or interference of multiple Bluetooth device . multiple Buetoon device . 2. Turn on again after turning off the Bluetooth. 3. Turn off the background applications of mobile phones or restart your mobile

phones. 4 Please don't make your mobile phones connect with other Bluetooth device or

functions at the same time. 5.Please check whether the APP is operated normally in the background.

Otherwise, it may fail to connect.

How to do when it fails to search the band? 1.Please make sure that the watch is powered and activated, and it is not bound to other mobile phones, bring the watch close to the phone. If it still does not work, please turn off the phone Bluetooth and restart the phone

Bluetooth after 20 seconds.

2.Make sure your phone turns on GPS. Why should the band be tight when measuring the heart rate?

The band adopts light-reflection principle. It collects the signal I reflected to the sensor to calculate heart rate after the light penetrating in the

skin. If you don't wear it tightly, the surrounding light will enter the sensor, and its accuracy will be affected . Why can't the band receive the notification while opening reminder function?

Android phone: Make sure the phone and the watch are connected. After connecting, set the corresponding permission in the phone settings, allow the "GloryFit" app to access calls, text messages, contacts, and keep

GloryFit running in the background; if the phone is installed Security software, please add "GloryFit" as trust.

please and "cilotyrit" as trust. Apple mobile phone: It is suggested to restart your mobile phone and connect again in case of no notifications after connection. When connecting with the bracelet again, you can receive the notification after click Pairing

Is the band waterproof?

t is waterproof with IP68 waterproof and dust-proof grade (normally, you can feel relieved to wear it in washing hands, running or washing cars) Does the Bluetooth connection need to stay in "turn on" state? Will data be kept if disconnection?

Data will be saved in the main body of the bracelet prior to synchronizing data (date within 7 days can be saved). When the mobile phone connects successfully with the Bluetooth of band, the data in your bracelet will automatically upload to mobile phone, please synchronize the date to mobile

phone timely. priorie aniety. Notice: if functions of incoming call or message notification are required to be turned on, please keep Bluetooth in connection state, the alarm clock notification can work .

Warning:

Please consult your doctor efore starting a new exercise program. Although smartwatches can monitor real-time dynamic heart rate, they cannot be used for any medical purposes.